COOL!

A slim black-and-cream silhouette offset with accessories of leather and gold. That describes designer Rachel Zoe’s fashion style...and the baby gear she designed for Rachel Zoe X Quinny and Maxi-Cosi. The mom of Skyler, 5, and Kaius, 2, says her diaper bag, Moodd stroller, and infant and convertible car seats are inspired by the jet-setter lifestyle. Prices range from $200 to $900; nordstrom.com.

PULSE

Trending: Styles Inspired by the Kids

Why should the little ones get all the cute clothes? Now the rest of the world is playing copycat.

• Overalls
  Don’t count on a two-for-one deal at OshKosh B’gosh, but a denim “bib” is great for covering the spit-up stains that didn’t quite wash out of your favorite shirt.

• Athleisure wear
  Bye-bye skinny jeans and heels. Toddlers are comfiest in leggings and a zip-up hoodie, and so are fashionistas. Throw on the essentials: yoga pants and bright-colored sneakers. No one will judge you if you don’t set foot in a gym.

• Temporary tattoos
  We’re not talking about those vivid rainbows, dragons, and unicorns your kid comes home from birthday parties covered in. Chic, washable, metallic tats that look like jewelry are popular in adult-world.

• Jumpsuits and rompers
  Hop into a glorified all-in-one. It’s so easy to get your baby ready with his one-piece outfits; now you can have an equally effortless day-to-night look.
  —Melissa Bykofsky

IT’S COME TO THIS

A Brooklyn, New York, woman started “NeedAMom,” a service that assists adults who want a temporary
PULSE

4 Podcasts You Shouldn’t Miss Out On

Looking for parenting-peer advice, insight, and some LOLs? We have the definitive list of free audio inspiration you can listen to like a bedtime story, from the comfort of your smartphone.

When You Need to Laugh
One Bad Mother
Biz Ellis and Theresa Thorn—good friends—hilariously discuss what it’s like to have kids, with ample sarcasm. One of their trademark phrases is “stop feeling like sh*t for being a mom” but the show’s mantra has become “you are doing a good job.” Either way, mission accomplished.

When You’re Stressed Out
Zen Parenting Radio
Married self-help gurus Todd Adams and Cathy Cassani Adams, who are raising three daughters, host enlightening discussions that make you feel like you’re getting therapy sessions from two people you’d like to be friends with IRL.

When You Need a “Pop” Culture Fix
Making Dad With Chip and Zach
Sure, it’s a parenting show, but it feels more like a gossip session with two funny guy friends who aren’t afraid to make light of the craziness. Warning: No topic is off-limits, which keeps it refreshing.

When You’re Waiting for Baby
Pregnancy Confidential
Hosted in no-holds-barred detail by the editors of Parents, the episodes feature answers to quirky questions and real talk on all kinds of preggo predicaments that your friends might be too embarrassed to tell you about.

Episode to start with
 zenparenting radio.com

Episode to start with
 makingdad show.com

Episode to start with
 parents.com/pregnancy confidential

MOM MUST-READ
by Kristen Kemp
book-club inspiration

Motherhood seems so intense in the baby years. Then it morphs into a happy, sad, and evolving journey as children get out of diapers. In her memoir, Catastrophic Happiness, Catherine Newman records the sameness of days despite the changes—and surprises—over the course of several years raising her daughter, Birdy, and her son, Ben. Newman’s stories are specific and funny, and she writes about the gamut of emotions we feel but can’t always verbalize for ourselves. “Our glass is half full—even if it’s not always with the exact drink we originally wanted,” she writes in a scene where her then 12-year-old son and her husband try to fix a flooding basement. Newman takes her readers along for a fascinating, yet comfortingly familiar, ride of family life.

“Catastrophic Happiness: Finding Joy in Childhood’s Messy Years” by Catherine Newman

—Sabrina James

How do you mediate sister spats?
I fought with my sister a lot, so it doesn’t scare me much. I stuck a pencil in her forehead when I was 4 and she still has a mark. I remember my mom chasing me around. My girls’ fights are pretty tame compared to how we were.

When is the last time one of your kids gave you a belly laugh?
I took Frankie to hear the L.A. Philharmonic. She started leaning on me and I looked over and she was sound asleep. It was very slow and the music was so majestic and loud and beautiful and somehow it was so funny to me—as the music hit a crescendo, she was like... snore.

I know that you are an advocate for vaccinating. What can parents who are pro-vaccination say to those who are against it?
When you talk about a personal choice, usually you’re not talking about something that could harm other children. Molly got whooping cough at 6 months old, right when my husband’s collaborator had an infant we were around. We had exposed this other child. That drove home the idea that vaccines are not just about your kid but about your neighbor’s child and your daughter’s friend’s infant sibling. (With this debate) we’ve really lost our sense of neighborliness.
—Ruthie Fierberg

What’s it like having a 9-year-old and a baby?
I feel a bit less worried and more playful. When it was just me, David, and Frankie, she was watched like a little plant. It was so intense and precious, but probably overly so. With Henry, we just kind of pass him around.

Knock Out Dad
Deontay Wilder and his oldest child are both fighters. Wilder, a heavyweight boxing champ, first stepped into the ring when his daughter, Naieya, 11, was born with spina bifida (SB). Professional fighting became a means to support her care, and now he’s aiming to beat SB for good. During a recent Premier Boxing Champions fight, the dad of four—the others are Ava (above), now 5, Dereon, 4, and Deontay Jr., 1—raised more than $12,000 for the Spina Bifida Association through a Knock Out SB campaign. “I had a child at 19. My father had taught me: You do what you have to do for your family,” he says. Wilder’s tough exterior melts away when it comes to his kids: “I was wearing my champion belt when Naieya gave me a big hug and said, ‘Dad, I’m proud of you.’”
—Brooke Bunce

WE CAN RELATE
“Not to brag, but my husband took the kids out all day and I actually had time to take a shower. I mean, I didn’t... but I totally could have.”
Lurk @ Home Mom, @LurkAtHomeMom on Twitter
LOVE!

Some days, parenting is rough from a.m. to p.m. Kick back with a drink out of one of these, and get a good laugh in while you sip.

Mother’s Helper Stemmed, $20; caloriccuvee.com. Coffee mug, $3; Marshalls stores.

LOL

 Babies Are Born Feminists

Watch them crawl toward gender equality.

1. They don’t care if the pacifier is pink, blue, or clear. Just hand it over to stop the crying.
2. They all believe they deserve the same amount of praise from others for the adorable things they do (like smile, burp, and lift their head).
3. They try to do everything themselves first.
4. #ShortHairDontCare
5. They enjoy stories with strong female characters just as much as ones with strong male characters.
6. They wear T-shirts with empowering messages on them.
7. If you try to quiet their opinions, they get louder to be heard.
8. They don’t care whether you wear a bra, don’t wear a bra, burn bras, or build your own bras: Just give them the milk, and make it snappy.
9. They do whatever they want to do simply because they want to, not because someone told them that they should.
10. They put women and men to work the moment they make their way into this world. (Clean me! Feed me! Hold me! Love me!)

— Kim Bongiorno

public pictures of their children to social media to avoid later embarrassment.